

# Tea Day RECIPES

# Lemonade

## GINGER ICED TEA

### Ingredients :

- 2 Sachets Jamaica Mountain Peak Instant Ginger Turmeric Tea (Unsweetened)
- 5 tablespoons Cane Sugar (or to taste)
- 2½ tablespoons Lemon or Lime Juice.

### Directions:

- Dissolve all ingredients into 16 ounces of water
- Serve over ice or chilled with a garnish of fresh mint and lemon slices.

