



JAMAICA  
**Mountain  
Peak**

# Ginger Lemon Mint Iced Tea

RECIPE





## You will need:

- 2 Sachets of **Jamaica Mountain Peak Instant Ginger Tea (unsweetened)**
- 5 to 8 fresh mint leaves with stems
- 2 thin lemon/lime slices
- Sugar
- 4 cups/1 litre boiling water
- 3 fresh mint leaves (leaves only)

## Directions:

1. Place the **Jamaica Mountain Peak Instant Ginger Tea (unsweetened)**, mint leaves, lemon/lime slices and sugar (sweeten to taste) in a teapot.
2. Add 4 cups (1L) boiling water and stir gently.
3. Cover the teapot and let the tea steep for 8 to 10 minutes.
4. Add ice to serve chilled.