

Golden Turmeric  
**Vanilla Popsicles**



**GOLDEN  
TURMERIC**  
*Latte*

**INGREDIENTS**

- milk
- 2 teaspoons honey
- 1 teaspoon vanilla extract
- 1 packet JMP Golden Turmeric Latte (Pumpkin Spice)
- 1 tablespoon cornstarch
- 1 pinch sea salt

**DIRECTIONS**

Combine all the ingredients in a small pot over medium-low heat, whisking constantly for a few minutes until the mixture has reached a smooth consistency.

Transfer the mixture to a liquid measuring cup or another heatproof vessel with a spout.

Pour into ice-pop molds and freeze.

