



Pargo Turmeric Chia ARFAITS

Kick start your day with these Mango Turmeric Chia Parfaits. A refreshing treat, packed with an extra boost of super fuel!

- 1 cup almond milk
- ¼ cup white chia seeds
- 1 mango blended
- 2 sachets JMP Golden Turmeric Latte (Pumpkin Spice)
- Coconut yogurt
- Granola
- Fresh mango
- Fresh strawberries









DIRECTIONS:

- Mix together almond milk, white chia seeds, blended mango, and JMP Golden Turmeric Latte powder until powder is dissolved. Let sit for a minimum of 30 minutes in refrigerator to thicken.
- Top with coconut yogurt, granola, fresh mango slices, and fresh strawberry slices.

Serve & enjoy!

